



FOR MEN

MENS GROOMING

- Shape and Buff Nail Treatment 16
- Eyebrow Tidy 9
- Eyelash Colour (Patch Test Required) 16
- Full Body Spray Tan 25
- Special Thursday Spray Tan Offer 18
- Back Wax or Chest Wax 28
- Back & Chest Wax 48

FACE

ESPA HOLISTIC BACK, FACE & SCALP TREATMENT

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax & balance. This is followed by an ESPA Intensive Facial tailored to your individual needs and finishes with a therapeutic head massage to help clear the mind, calm the spirit & ease tension. - 90mins 80

ESPA PURIFYING FACIAL, SHOULDER & SCALP MASSAGE

City pollution, environmental stress & lack of sleep are reflected in dull lifeless skin. This relaxing treatment works at a deep molecular level to purify, balance & hydrate the skin leaving you feeling de-stressed and renewed. - 60mins 60

GUINOT HYDRADERMIE²

This bespoke treatment is adapted to your skin type and concerns. Using unique double ionisation technology combined with active ingredients, resulting in exceptional effectiveness. - 60mins 62

MENS HANDS & FEET

EXECUTIVE HAND CARE

An exfoliating conditioning and softening hand treatment, nails & cuticles tidied. Complete with relaxing hand & arm massage. - 40mins 25

EXECUTIVE FOOT CARE

A foot treatment that reduces the build up of hard skin. Includes exfoliation, toe nails trimmed & cuticles conditioned. Complete with relaxing foot & leg massage. - 50mins 35

BODY

ESPA STRESS BUSTER BODY TREATMENT

This includes full body salt & oil exfoliation followed by a relaxing full body & scalp massage to leave you with a renewed sense of wellbeing and relaxation - 90 mins 80

ESPA AROMATHERAPY BODY MASSAGE

A full body massage using bespoke essential oils to leave you feeling relaxed and renewed. - 55 mins 55

BACK, NECK & SHOULDER MASSAGE

- 25mins 29

ESPA SALT AND OIL SCRUB

This exceptional skin softening body exfoliation combines sea salts & nourishing essential oils to leave your skin soft and smooth. - 30 mins 37

HOT LAVA SHELL MASSAGE

- Full Body - 60mins 61
- Back, Neck & Shoulder - 25mins 33

HOT STONE MASSAGE

- Full Body - 60mins 61
- Back, Neck & Shoulder - 25mins 33