

COMBINATION TREATMENTS

LADIES'

CONCEPTS PARTY FABULOUS

Shellac File & Polish and Weekend Lashes
75mins

41

CONCEPTS REFRESH

Back, neck & shoulder massage with File & Polish.
60mins

41

CONCEPTS ESCAPE

Essential Facial and stress relief back, neck
& shoulder massage - 60mins

56

CONCEPTS WELLBEING

The deluxe treatment for face & body Hydradermie
facial, back, neck and shoulder massage with hand
& foot massage
- 2hours

86

CONCEPTS BEAUTIFUL BRIDE

Make-up & trial, Replenishing Manicure,
lash tint & eyebrow shape

100

CONCEPTS PERFECT GIFT

Essential Facial, Salt & Oil full body exfoliation & back,
neck & shoulder massage, Replenishing Manicure,
Spa Pedicure. eyebrow shape and make-up
– includes light lunch with beverage.
- 5hours

180

YUMMY MUMMY TO BE

A gentle approach to new beginnings

ESPA

PRE-NATAL PREGNANCY TREATMENT

Includes: Body exfoliation, Body Massage, Body mask
& scalp massage - 90 mins

80

GUINOT

PREGNANCY PAMPERING TREATMENT

Includes: Full Body Massage, Mini Facial and extra
massage to Ankle, Feet, Legs & Back - 90 mins

80

MEN'S

*Treat a special man to an
indulgent experience...*

CONCEPTS STRESS RECOVERY

This all encompassing programme will promote
tranquillity and leave you feeling totally rejuvenated.
For total relaxation to combat the stresses of modern
day life enjoy an ESPA blissful Back, Face and Scalp
Treatment, Lunch and a Gentlemen's Pedicure, and
Shape and Buff Nail Treatment for the hands
- 3 hrs 15 mins

125

CONCEPTS SPORT RECOVERY FOR MEN

ESPA Tailored Face Treatment formulated especially for
men, Lava Shells Full Body, Massage to relieve aches
and pains.
- 2hrs 30mins

105

GROUP PACKAGES

For groups of 2-8

Includes Fizz & Nibbles

PURE BLISS

Taster Facial

Paraffin Wax & Massage to feet or hands

Back, Neck & Shoulder Massage

Hand, Arm, Leg & Foot Massage

Head & Scalp Massage

SOMETHING SPECIAL

File & Polish Fingers

File & Polish Toes

Cleanse, Tone & Professional Makeup

Weekend Lashes

Kiwi Body Scrub

*Choose any two treatments
from either PURE BLISS or
SOMETHING SPECIAL categories
to create your perfect package
60 mins*

43

GIFT VOUCHERS:

We have beautifully presented gift vouchers available
for the recipient to choose their favourite treatment at
Concepts Beauty & Wellbeing.

PLEASE NOTE:

YOUR COURSES

Courses are available on all treatments.
Buy 5 get 1 free.

YOUR APPOINTMENT

You are welcome to arrive early for your
appointment and enjoy relaxing with a
refreshment prior to your treatment in the
comfortable surroundings on our first floor.

YOUR TRANQUILITY

We aim for a tranquil relaxed atmosphere and
respect all our clients' right to privacy and serenity.
In light of this, Concepts Beauty & Wellbeing is a
mobile phone, camera and smoke-free zone.

YOUR HEALTH

Please advise us of any health conditions, allergies
or injuries, which could affect your choice of
treatment.

YOUR PREGNANCY

We offer specially designed treatments for
pregnancy or for breastfeeding mums. Let us
guide you in selecting appropriate treatments
at this special time.

YOUR PEDICURES

Please remember to bring flip-flops when having a
pedicure.

CANCELLATION POLICY

We would appreciate 24 hours notice for any
cancellations, otherwise a charge will be incurred.